

# Millis's Manna

Licensed Catering Services

301-728-4102

[www.millismanna.com](http://www.millismanna.com)

Cedil Morgan - Food Operations Manager

## MENU

	APPETIZERS	ENTREES with MEATS	VEGGIES & SALADS
	Pineapple Meatballs	*Baked Chicken	Supreme Salad
	Angel Eggs (not devil eggs)	*Herbal Stir Fried Chicken	*Green Beans & Onions
	Grapes & diced Cheese	*Sweet & Sour Chicken	Vegetable Medley
	Stuffed Pastries	* Fried Salmon	Steamed Cabbage & Carrots
	Crackers & diced Cheese	*Fried Fish Fillet	Kale Salad
	Fruit Platter	*Salmon & Sweet Chili Sauce	Carnival Salad
	Fish Balls	*Jerked Chicken	Steamed Carrots & Green Beans
	Mini Sandwiches	*Curried Chicken	Mixed Vegetables
	Mini Meat Pies	Shrimp Pasta	*Spinach & Onions
	Vegetables & Dips	*Cabbage, Okra, and Spinach with Chicken, Smoked Turkey, Shrimp or Beef	Sweet Corn
	Chips & Dips	*Cabbage & Spinach with Chicken, Smoked Turkey, Shrimp or Beef	Corn on the Cob
	Salmon bites	*Cabbage with Chicken Smoked Turkey, Shrimp or Beef	Sweet Peppers & Onions
	Cocktail Shrimps	*String Beans with Ground Beef, Shrimp, Chicken or Smoked Turkey	*Curried Potatoes
	Mini Cheese Rolls	*Spinach with Smoked Turkey, Chicken, Shrimp or Beef	*Curried Chickpeas
	Mini Pine Tarts	*Curried Shrimp	Corn on the Cob
	Salsa and Chips	Cook Up Rice	Lettuce, Tomatoes, Cucumbers Salad
	Sausage, Pineapple and Cheese	Spinach & Smoked Turkey cooked in White Rice	Potato Salad
	Meat Kebabs	Chowmein with Chicken, Beef, Shrimp or Smoked Turkey	Bean Salad

	<b>CARBOHYDREATES</b>	<b>BEVERAGES</b>	<b>DESSERT</b>
1	Spaghetti	Mango Ginger	Cake
2	Cranberry Rice	Guava Ginger	Coconut Bun
3	Cheese Rice	Ginger Sensation	Water Gate
4	Macaroni & Cheese	Passion Fruit Ginger	Cup Cakes
5	Vegetable Noodles	Fruit Punch	Ice Cream
6	Rice & Peas	Bottled Water	Apple Pie
7	White Rice	Lingering Lemonade	Jello
8	Lime Rice & Cilantro	Pineapple Ginger	Chocolate squares
9	Vegetable Fried Rice	Tamarind Ginger	Banana Bread
10	Green beans & Rice	Lemonade Ginger	Sweet Sensation
11	Spinach Rice	Ginger Pleasure	Assorted cookies
12	Yellow Rice with Carrots	Iced Tea	Sweet Bread

**\*Served with Rice**